

# SACHDEVA GLOBAL SCHOOL

ACTIVITY PLANNER - APRIL 2014

CLASSES : III - V

THEME : WORLD WITHIN

MON

TUES

WED

THUR

FRI

SAT

SUN

1

English Activity :  
Mumble - Jumble  
(Sentences)  
(Class III)

2

Welcome Assembly  
by Teachers

कविता का सस्वर  
वाचन  
(Class V)

3

EVS Activity : Role  
Play - Body Parts  
(Class III)

4

Computer Activity :  
Guess! Who am I?  
(Class III)

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French Activity : Jeu de  
role  
(Class V)

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Soc. Sc. - Collage :  
Our National  
Symbols  
(Class IV)

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Assembly : World  
Health Day &  
International Day of  
Human Space Flight  
(Class XII)

Real Life Experience on  
Discrimination  
(Class VII)

संस्कृत - आओ शब्द बनाएँ  
(Class V)

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MON

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कविता का सस्वर वाचन  
(Class III)

WED

16

Science - Visit to  
Nature Park  
(Class IV)

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Computer Activity :  
Identify and Label !!  
(Hardware Devices)  
(Class IV)

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Math Lab Activity:  
Numerals on  
Abacus  
(Class IV)

22

Soc. Sc. - Model  
Making : Globe  
(Class V)

23

Science Activity : Let  
us Plant a Sapling  
(Class V)

24

Math Lab Activity :  
Numbers on Abacus  
(4 Digits)  
(Class III)

25

Assembly : English  
Language Day &  
International Earth Day  
(Class X)

Assembly :  
International Day of  
Human Space  
Flight  
(Class X)

English Activity :  
Interview -Role Play of  
Famous People  
(Class V)

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**MON****28**

कविता का सस्वर  
वाचन  
(Class IV)

**TUES****29**

Math Lab Activity:  
Indian Place Value  
Chart  
(Class V)

**WED****30**

Inter House -  
Poster Making  
'Earth in 2050'

Computer Activity  
: GD 'Generations  
of Computers'  
(Class V)

**THUR****FRI****SAT****SUN**

## CO - CURRICULAR ACTIVITIES

### VOCAL MUSIC

- CLASS III (1) ALANKAR PRACTICE  
(2) TU HI RAM HAI TU HI RAHIM HAI (FROM SCHOOL DAIRY)  
(3) SARASWATI VANDANA - HEY SHARDE MAA, HEY SHARDE MAA (FROM SCHOOL DIARY)
- CLASSES (IV-V) (1) ALANKAR PRACTICE  
(2) PRAYER - HU HI RAM HAI, TU HI RAHIM HAI (FROM SCHOOL DIARY)  
(3) SARASWATI VANDANA - HEY SHARDE MAA, HEY SHARDE MAA (FROM SCHOOL DIARY)  
(4) NATIONAL SONG - VANDE MATARAM

### AEROBICS

- (1) 5 WARM UP EXERCISES  
(2) GENTLE STRETCHING OF THE BODY MUSCLES  
(3) REVISION OF BASIC MOVEMENTS

### SPORTS

CLASSES (III - V) STAND AT EASE AND ATTENTION, RUNNING, EXERCISES, RECREATIONAL GAMES

### YOGA

CLASSES (IV - V) WARMING UP EXERCISES USED IN YOGA

**SKATING**

PACING AND CROSSING, ADVANCE RACING TECHNIQUES, PROPER BODY POSITION ON MOTION

**WESTERN DANCE**

CLASSES (III - V)

- (1) EXERCISES LIKE ROLLING, JUMPING AND MOVING SHOULDERS.
- (2) FOOTWORK, FLOOR, STEPS, BEAT KNOWLEDGE AND PROPER SYNCHRONIZATION
- (3) BASIC STEPS OF CONTEMPORARY DANCE ON WESTERN MUSIC
- (4) WORK ON TURNS, SPLITS, LANDING AND TAKE - OFF
- (5) "IT'S A BEAUTIFUL LIFE" - DANCE

**INDIAN DANCE**

CLASSES (III - V)

- (1) HAND MOVEMENT IN KATHAK DANCE
- (2) FEET MOVEMENT IN KATHAK DANCE
- (3) DIFFERENT TYPE OF CHAKRAS
- (4) GURU VANDANA IN KATHAK

**INSTRUMENTAL MUSIC**

INTRODUCTION OF INSTRUMENTS, HOW TO SIT AT THE INSTRUMENTS; RECOGNITION OF KEYS; NUMBERING OF FINGERS AND STRINGS; CLAP AND TAP RYTHME IN 2/4 - 3/4.